

Fresh Sri Lankan Vegetables for the Gulf and Maldives, Gourds, Drumstick, Okra and Green Chilli

Product	Fresh Sri Lankan Vegetables for the Gulf and Maldives, Gourds, Drumstick, Okra and Green Chilli
SKU	SLE-FRESH-VEG
Minimum order	Confirmed with quote
Price basis	kg
Supplied by	SriLankaExport.com, Harker International (Pvt) Limited
Country of origin	Sri Lanka
Issued	12 October 2026

Overview

Sri Lanka exports fresh vegetables to the Gulf, the Maldives and Europe, mainly for Sri Lankan and South Asian communities and for resorts. Fresh vegetables exported about US\$20 million in 2025.

What is shipped

- Gourds: snake gourd, bitter gourd, bottle gourd, ash plantain
- Drumstick (moringa pods)
- Okra, long beans, brinjal (eggplant) and green chilli
- Curry leaves, gotu kola and other leafy greens

Mixed shipments

Buyers usually take a mixed weekly shipment of many vegetables, by air or in a shared reefer container with fruit and coconuts. Tell us the list, quantities and how often you need it. Resorts in the Maldives often order by air several times a week.

Import paperwork

Fresh produce needs a phytosanitary certificate from Sri Lanka's National Plant Quarantine Service, and many countries set their own conditions for each fruit or vegetable, which can include treatment or a permit. Check your country's rules before ordering; we supply the export documents.

What to tell us for a quote

- The product, grade or specification you need, and a reference sample if you have one
- Quantity per order and how often you buy
- Pack size, packaging and labelling
- Destination port and the Incoterm you prefer
- Documents your market requires, such as a certificate of origin, phytosanitary certificate or lab test reports

Packing and shipping

Orders are packed to your instruction and shipped by sea in a full or shared container, or by air for samples and small lots, quoted FOB Colombo, CFR or CIF to your port. Products from several Sri Lankan suppliers can share one container through our consolidation service.

How to get a price: tell us the quantity, your specification and your destination port. We quote FOB Colombo, CFR or CIF, with lead time and minimum order, and arrange samples before an order.

Issued by our Trade Desk in Colombo on the date shown. Figures are indicative, not a firm offer. Ask us for a certificate of analysis against your order. For a firm price against your quantity, destination and Incoterm, request a quote and we reply with a costed position.

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<https://srilankaexport.com/product/fresh-vegetables-gulf-maldives/>

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